

RIVERSIDE PREP
March 30, 2020 - April 3, 2020
Elementary School

[Click Here](#) for updated information from your child's school



Time	Activity	Message/Resources <i>Click on the name for link to lesson/activity</i>		
Morning	Wake Up! Breakfast! Clean your dish, make your bed, brush teeth	<ul style="list-style-type: none">• Mindful Coloring Sheets (Gr. 3-5)	<ul style="list-style-type: none">• QuietPlace Coloring (TK-2nd)• Breathe and Relax Coloring (TK-2nd)• Shake it Up with Yeti (Tk-2nd)	
Daily	Learning Activities	Pick one activity for each day below!		
Monday (Mindful)	Tuesday (Thoughtful)	Wednesday(Writing)	Thursday (Thinking)	Friday (Feeling-It)12345679890
5 Senses Worksheet	-TK-1st Gr: Read Clouds and answer questions 2nd Gr. Read Birds and answer questions 3rd Gr. Read Important People and answer questions 4th-5th Gr. Read Me and My Habits and answer questions	Journal Write Who is the nicest person you know? What makes them so special? Draw/color a picture of them when finished	-Practice Breathing with Lester the Bird -Make an Anger Catcher -Sensory Scavenger Hunt	Journal Write What color crayon describes you best? Why? Draw/Color a picture of yourself and write 3-5 sentences describing the color.
Break Time	Get up and Move! (play a game, help parents with chores, do stretches)	<ul style="list-style-type: none">• Play• In house jumping jacks, run in place, daily stretch• Chores- <i>help out your family!</i>		
Lunch	Grab and Go Meals are available for pick up between 10:00 am- 12:30pm	See district website for location information. Grab and Go Meal locations		

LOCATION	ADDRESS	TIME
Riverside Prep Elementary Cafeteria	19175 Third Street Oro Grande 92368	11am-12:30pm
Mojave River Academy Victorville	14554 Seventh Street Victorville 92395	11am-12:30pm
Mojave River Academy West Victorville	12384 Palmdale Road Victorville 92392	11am-12:30pm
Mojave River Academy Barstow	2151 W. Main Street Barstow 92311	11am-12:30pm
Helendale/Silver Lakes	Lakeview Drive @ North Marina	11am-12:30pm

**If you have any questions, please email
lizumi@orogrande.org or call 760-694-2807**

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